

Magnetized water and saline as a Contrast agent to Enhance MRI Images

Samir M. Badawi¹, Wael Abou EL-wafa. Ahmed², Yasser M. Kadah³

¹ industrial electronics and control engineering, Faculty of Electronic Engineering, Monoufia University, Egypt

² Biomedical Engineering Department, Faculty of Engineering, Minia University, Egypt

³ Biomedical Engineering Department, Faculty of Engineering, Cairo University, Cairo, Egypt
wael@eng.miniauniv.edu.eg

Abstract: MRI image enhancements have been carried out using different contrast agents. In this research we started with testing the effect of accurately pre-specified magnetized water on MRI received signal, and then considered the magnetized-saline (MS) as a new MRI brain contrast agent (CA). A 40 years old 80kg male injected with 250ml MS. Couple groups of MRI images were performed over the same circumstantial conditions and MRI protocol; before and after the injection. The focused study on MRI showed a significant difference in image intensities after injecting the MS compared to normal MRI images, and water contour of the white matter in T2 WIS is more obvious than before saline injection series. Further quantitative measurements applied using MATLAB genetic algorithm. Leading to the result; magnetized saline injection affect signal intensity and enhance contrast in MRI brain images.

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1. Introduction

Magnetic resonance imaging (MRI) is one of the most promising non-invasive diagnostic technique in medicine [1]. For an increasing number of studies of internal organs, magnetic resonance imaging (MRI) reached the highest resolution in images and also the fastest acquisition times. MRI is a special tool in this regard, because of its relatively high spatial resolution (10 μ m in high magnetic field scanners) and capacity to scan entire organisms noninvasively, since the quality of the MRI images depends on the three NMR main parameters (proton spin density, nuclear spin–lattice relaxation time T1 and spin–spin relaxation time T2, it is easy to imagine the high interest in development of new natural and safe contrast agents (CA) able to enhance images by increasing (locally) the nuclear relaxation rates [2]. Most MRI contrast agents are paramagnetic chemicals that increase parameters called the T1 and T2 relaxation rates of water, as observed in tissue and solution; T1 or T2 relaxation enhancements produce image brightening or darkening, respectively.

Additional classes of contrast agent's work by a chemical exchange-based mechanism called chemical exchange saturation transfer (CEST) [3], or involve imaging nonstandard nuclei like ¹⁹F and ¹³C. The characteristics and physical mechanisms of different types of contrast agent are discussed at length in a number of book chapters and reviews [4–9], and are summarized in table(II). In general, for any agent to be used in functional imaging, either its ability to

influence MRI contrast or its spatial distribution must be sensitized to neural activity in some way. The Toxicity of contrast agents should be considered, where Nephrotoxicity (toxicity to the kidneys) is a major consideration for clinicians when requesting tests which use an iodine-based contrast media. Patients whose renal function is impaired (usually with a creatinine >120 micro mol/liter) should only have contrast media if absolutely necessary. In these circumstances, a special form of contrast media, which is 'kinder' to the kidneys, can be given to prevent contrast-induced nephropathy [10]. Nephrogenic systemic fibrosis (NSF) with MRI contrast agent can appear through the administration of gadolinium for MR contrast enhancement. Although rare and only in renal compromised patients, it produces serious side-effects that may involve fibrosis of skin, joints, eyes, and internal organs. Because of this toxicity, using magnetized water or injecting magnetic saline will be healthier than normal contrast agents in MRI.

Regarding the magnetized water, Magnet researchers Davis and Rawls found that south-pole magnetic force appeared to make water molecules bind to each other more weakly than normal, thus giving it a lower surface tension than normal. When water is magnetized, some of its physical and chemical properties are altered; density, boiling point, electrical conductivity, surface tension, viscosity and increase the pH, making it more alkaline [15].

2. Material and Methods

- **Magnetic water phantom Imaging**

Two water phantoms used. Each one is constructed of biodegradable latex rubber balloons and filled with 450 ml. one is filled with normal tap water to be used as a reference, where the other is filled with magnetic water. Both phantoms are scanned using small body coil of 0.2 Tesla MR (IRIS MATE, Hitachi, Japan). The magnetic water phantom scanned after 4 hours of magnetization figure (1) and figure (2).

The resulted images for both magnetized and non-magnetized water phantoms are quantitatively processed by MATLAB Genetic Algorithms (GAs) as shown in figure(6). We applied the following signal equation for a repeated spin-echo sequence as a function of the repetition time (TR), and the echo time (TE) where it defined as the time between the 90o pulse and the maximum amplitude in the echo

$$S = k (1 - e^{-TR/T1}) e^{-TE/T2} \quad (1)$$

This equation is only valid when $TR \gg TE$. In our experiment we used $TR = 2700$, $TE = 120$, and $k = 8560 \times 10^7$

- **MRI brain imaging**

Brain imaging experiment executed on a volunteer (40 years old, 80 kg, 173 cm) using a standard head coil of 1.5 T MRI machine (Visart, Toshiba, Tokyo, Japan). The initial MRI examination included axial Fast spin-echo (FSE), T2-weighted [repetition time (TR) 4500 ms, echo time (TE) 120 ms], matrix of 160X256. Two identical image series of MRI brain images acquired. The first image series done at 1.00 PM with no IV saline injection, figure (4). Where at 2.00 PM the volunteer injected with 250ml IV MS; and the second image series acquired, figure (5). The volunteer did not report any complaints during or within 48 h after the injection of MS. The MS was developed using permanent magnetic funnel, where considered as a contrast agent (CA) for application in MRI. Each 100 ml IV saline contains:

- Sodium chloride 0.9 G
- Water for injection Q.S.
- Sodium 150 mEq/L
- Chloride 150 mEq/L

3. Results

As the positive results obtained from our experiments, the expert radiologists recommend that the procedure needs to be applied in real cases like abscesses and tumors, then they recommend performing other MRI fluid sensitive techniques as FLAIR (fluid attenuation inverse recovery), the GA in MATLAB show that T1 is Increased to 1.513 s in magnetized phantom instead of 0.672 s in non-

magnetized one and T2 did not changed (0.012 s) and S/N increased from 156.3 to 337.5

- **Phantom Imaging analysis**

Quantitative analyses performed using MATLAB Genetic algorithms (GAs) as shown in figure (6) to estimate T1 and T2 for both magnetized and non-magnetized water phantoms based on signal to noise ratio for both images. Table (1) shows imaging parameters in addition to S/N ratio, and results of GAs. We used for both magnetized and non-magnetized images the same calculating parameters as: Function tolerance = 1e-100 ,Generation = 10000 The GAs results shows change in T1, where no changes occurred in T2.

- **Brain imaging analysis**

Qualitative and quantitative analysis considered to insure the research results. The qualitative analyses done by two expert radiologists jointly where they analyzed matched pre-injection and post-injection images. The process carried out based on visual inspection and experience as regular diagnostic and reporting process. Remarkable changes were recorded on post-injection images by the expert radiologists as following:

- Slight increase of the dimensions of the ventricular system & CSF spaces.
- Water contour of the white matter in T2 WIS is more obvious than before saline injection series.

Computer-assisted analysis was performed (quantitative analyses) using the Medical Image Processing, Analyses and Visualization (MIPAV), Center for Information Technology (CIT), National Institutes of Health (NIH), Version: 4.2.1.

As shown in Fig (3) we find a clear changes in the left side figure. the LUT is totally deferent between two images and pixels count is more in magnetized injected images.

4. Conclusions

In conclusion, this study clearly indicated that magnetized injection saline as CA enhances MRI images. We proved that this technique is a clinically healthy and feasible technique for better diagnosis in MRI Imaging because as indicated in many references that Magnetic water is healthy [16-19]

TABLE 2 CHARACTERISTICS AND PHYSICAL MECHANISMS OF DIFFERENT TYPES OF CONTRAST AGENT

TABLE 1 WATER PHANTOMS IMAGING PARAMETERS AND RESULTS OF MATLAB GAS

Magnetization time	TR	TE	S/N ration	T1	T2
0 Hours	2700	120	<u>156.3</u>	<u>672</u>	11
4 Hours	2700	120	<u>337.5</u>	<u>1513</u>	12

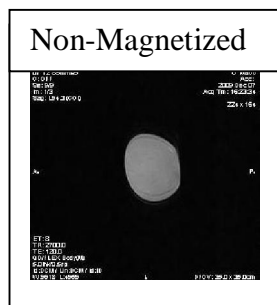


Figure 1. non-magnetized

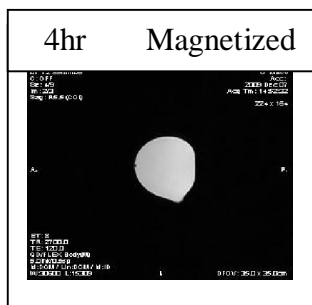


Figure 2. magnetized water

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Corresponding Author:

Eng.Wael Abou EL-wafa. Ahmed
 Department of Biomedical Engineering
 Faculty of Engineering, Minia University
 Cairo, Egypt
 E-mail: wael@eng.miniauniv.edu.eg

<p>(a) Paramagnetic atoms promote T1 relaxation-based contrast in conventional MRI by interacting with water molecules (left). Gadolinium atoms (green) are effective at this because of their high electron spin ($S = 7/2$); Mn^{2+} ($S = 5/2$) and a variety of other metal ions may also be used. Relaxation occurs when water molecules (cyan) sample magnetic field perturbations (yellow) created by the paramagnetic atom,</p>
<p>(b) super paramagnetic nanoparticles including SPIOs have the highest T2 reflexivity, and relatively low T1 reflexivity. SPIOs typically contain a core of iron oxide 3–10 nm diameter (green), surrounded by a biocompatible organic coating with a total diameter of 10–100 nm (gray). Particles induce magnetic perturbations (yellow) that induce relaxation of water molecules diffusing in proximity (blue arrows). The particle size and shape of its field perturbation influence its reflexivity [11]—this relationship is the basis of sensors formed by making SPIO aggregation dependent on presence of a target molecule [12]. Addition of a T2 contrast agent causes reduction of the MRI signal (bottom right) and leads to image darkening in areas where the contrast agent is concentrated.</p>
<p>(c) Chemical exchange saturation transfer (CEST) contrast can be produced using agents with exchangeable protons that have MRI resonance frequencies (chemical shifts) well resolved from the frequency of water molecules [3]. The example shown is the indole nitrogen proton (indigo) of 5-hydroxytryptophan. The spectrum of chemical shifts in a solution of this agent is schematized by the gray trace at the bottom left, where resonances of the CEST agent protons and water protons are indicated by indigo and cyan arrowheads,</p>
<p>(d) Contrast agents incorporating ^{13}C, ^{19}F, or a variety of other nuclei may be imaged directly using modified MRI hardware. Images of ^{13}C agent distribution may be formed, in experiments of Golman et al. [13], carbon resonances of ^{13}C-labeled pyruvate (green) and its reduction product ^{13}C-lactate (gray) could be distinguished using this approach (right). Relative amounts of the two species were indicative of local metabolic rate. Images like the one shown (left) were obtained only with the use of ^{13}C-labeled agents that had been hyperpolarized to boost MRI signal, before imaging [14].</p>

MRI with Magnetized Saline injection MRI without Magnetized Saline injection

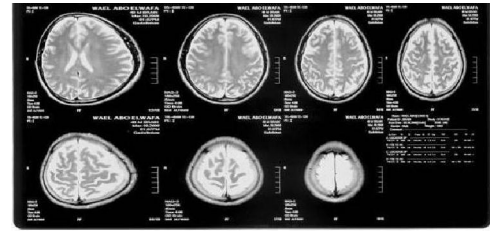
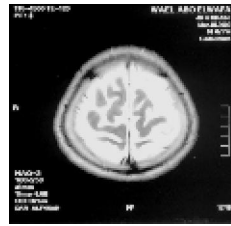
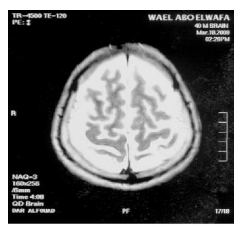


Figure 4. Brain MRI pre-intravenous injection of Magnetized saline

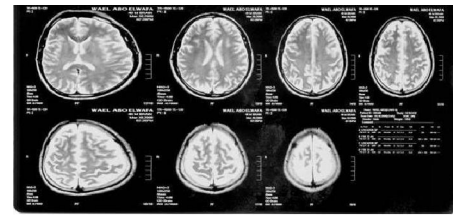
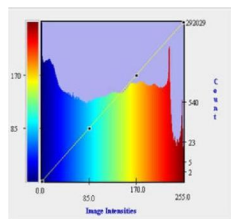
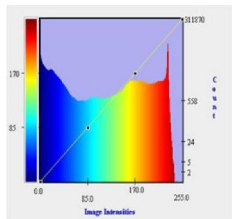
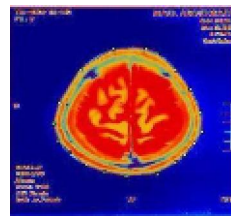
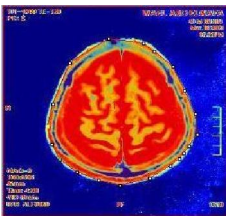


Figure 3. Analysis using medical image processing, analyses and visualization (MIPAV)

Figure 5. Brain MRI post-intravenous injection of Magnetized saline

Magnetized Water	Non Magnetized Water

Figure 6. GUI MATLAB Genetic Algorithm

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